Benefits Schedule MyHEALTH







MyHEALTH

BENEFITS SCHEDULE

The benefits schedule provides a summary of the cover provided per *period of insurance* unless stated otherwise. Terms in italics refer to defined terms. The meaning of these defined terms can be found in the definitions section of the policy terms and conditions. All limits and monetary amounts shall in all instances be in SG\$. All the claims must be *reasonable and customary*. TeleHEALTH services are included. Services rendered in the USA must be within our preferred network except for *emergencies*. Otherwise, 40% co-insurance will be applied.

ANNUAL LIMIT	ESSENTIAL	EXTENSIVE	ELITE
The overall limit per person per period of insurance	\$2,000,000	\$4,000,000	\$6,000,000
AREA OF COVER			
Area of Cover Options		Worldwide Worldwide Excluding <i>USA</i>	
Out of Area Cover	\$150,000 per period of insurance only if they are directly of the first 30 travel days of Sudden illness or injury of existed prior to the start reasonable person to see This benefit does not ap the orders or advice of o	\$200,000 per \$200,	\$250,000 per period of insurance r injury occurring during of cover. illity of which symptoms d have caused a ed or continued against dical practitioner; or

HOSPITAL AND SURGERY PLANS One of these plans must be selected to form the basis of your cover			
NETWORK OPTIONS	ESSENTIAL	EXTENSIVE	ELITE
HOSPITAL NETWORK The hospitals where you may receive treatment as per the benefits listed in your Hospital and Surgery Plan	Optional: For treat	Standard: Free choice of provider Optional: For treatment in Singapore, Specified Providers only* (Available for Worldwide excluding USA only)	
*The Specified Inpatient Providers list is available at: http://healthbyap	oril.com/specified-hospitals.		
HOSPITAL BENEFITS Pre-authorisation is required for the following services.			
Hospital room and board		Single Occupancy Room	า
Intensive Care Unit		Fully Covered	
Parental accommodation		Fully Covered	
Theatre fees		Fully Covered	
Blood, dressings, medicines and drugs		Fully Covered	
Surgical implants		Fully Covered	
Diagnostic scans and tests, including invasive endoscopic examinations		Fully Covered	
Rental of <i>mobility aids</i>		Fully Covered	
Orthopaedic braces, supports and air boots		Fully Covered	
Professional fees		Fully Covered	
Hospital treatment of mental and nervous conditions	Fully covered up to 30 days	Fully covered up to 45 days	Fully covered up to 60 days

HOSPITAL AND SURGERY PLANS – CONTINUED	ESSENTIAL	EXTENSIVE	ELITE
PRE-HOSPITALISATION BENEFITS			
Pre-hospitalisation benefits before admission for a covered confinement	Fully covered up to 30 days before a covered confinement	Fully covered up to 90 days before a covered confinement	Fully covered up to 180 days before a covered confinement
POST-HOSPITALISATION BENEFITS			
Post-hospitalisation benefits following a covered confinement	Fully covered up to 90 days after a covered confinement	Fully covered up to 120 days after a covered confinement	Fully covered up to 180 days after a covered confinement
ADULT PREVENTIVE SCREENING			
Adult preventive screening as follows: Mammography for women aged 40 years and above Pap smear for women aged 19 and above Prostate screening for men aged 40 years and above For members who buy an Outpatient module, cover for this benefit will be provided as per the sum stated on the Outpatient module	Po	\$300 anel Network Providers On	ly
ORGAN TRANSPLANTATION			
Organ transplantation		enefits, Pre-hospitalisation pitalisation Benefits sectio	
Direct expenses of surgery to remove an organ for transplant from a donor		\$65,000	
PRIVATE NURSING, HOME NURSING			
Private nursing in hospital when certified necessary by attending ohysician	No Cover	Fully C	overed
Home nursing prescribed by attending physician	No Cover	\$180 per day up to 30 days	\$300 per day up to 90 days
HOSPITAL CASH BENEFIT			
Where you are hospitalised for a covered confinement at no cost to us Where you are hospitalised in a ward for a covered confinement in a private or public hospital	\$150 per night Up to a maximum of 30 nights	\$250 per night Up to a maximum of 30 nights	\$300 per night Up to a maximum of 30 nights
REHABILITATION TREATMENT Pre-authorisation is required for this benefit			
Rehabilitation treatment received while an inpatient at a rehabilitation centre Admission to the rehabilitation centre must take place within 2 weeks after discharge from hospital for a covered confinement.	Up to 60 days	Up to 120 days	Up to 180 days
EXTERNAL PROSTHESIS			
External prosthesis and any services associated with selection, itting or repair	\$1,400	\$2,800	\$5,000
SURGERY OR INVASIVE ENDOSCOPIC EXAMINATION PERFORMED W	VHILE A DAY-PATIENT IN	I A CLINIC OR A PHYSIC	IAN'S OFFICE
Professional fees, diagnostic scans and tests, medicines and drugs including two post-surgical follow ups. Also covers the following on the day of, and directly related to, the surgery or invasive endoscopic examination: hospital room and board, theatre fees, dressings, medicines and drugs, pathology fees, and surgical implants. This benefit does not cover the following unless Outpatient Benefits are purchased: laryngoscopy, nasopharyngoscopy, otoscopy; any surgery on the skin and subcutaneous tissue for illness other than surgery following a confirmed diagnosis of cancer.		Fully covered	

HOSPITAL AND SURGERY PLANS - CONTINUED	ESSENTIAL	EXTENSIVE	ELITE
CANCER TREATMENT The following services, when directly related to cancer, shall be covered following services.	lowing a confirmed diagn	osis of cancer.	
Active Cancer treatment in Hospital	Но	ospital Benefits sections ap	ply
Specialist consultations, diagnostic scans and tests, medicines and drugs, chemotherapy and radiotherapy related to active cancer treatment		Fully covered	
KIDNEY DIALYSIS			
Kidney dialysis received while admitted to hospital or out of hospital		Fully Covered	
HIV/AIDS			
All-inclusive lifetime limit for services rendered in connection with HIV/AIDS including antiretroviral treatment, treatment of primary HIV, testing and monitoring, or treatment of AIDS HIV/AIDS waiting period of 3 years applies (please refer to the Terms and Conditions)	\$135,000 lifetime benefit	\$270,000 lifetime benefit	Fully Covered
EMERGENCY ROOM TREATMENT			
Treatment as a result of an <i>injury</i> within 48 hours of an <i>accident</i> ; or acute exacerbation of a <i>disability</i> which requires urgent medical or surgical intervention to avoid permanent damage to <i>your</i> life or health		Fully Covered	
WALK-IN EMERGENCY ROOM TREATMENT			
Walk-in <i>Emergency</i> Room Treatment which does not lead to confinement or is not related to an accident	\$300	\$400	\$800
EMERGENCY DENTAL TREATMENT			
Emergency <i>dental treatment</i> to repair damage to sound natural teeth within 14 days of <i>accident</i>		Fully Covered	
LOCAL TRANSPORT BY AMBULANCE			
Transport by ambulance to and from <i>hospital</i> prescribed by an attending <i>physician</i>		Fully Covered	
HOSPICE OR PALLIATIVE TREATMENT			
Hospice or palliative treatment	\$65,000 lifetime benefit	\$100,000 lifetime benefit	\$135,000 lifetime benefit
SPECIAL LIMITS APPLYING TO CERTAIN DISABILITIES AND TREATMENT	NTS		
Subject to the benefits and sub-limits stated elsewhere in this <i>benefits sch</i> the following <i>disabilities</i> and treatments is as stated below.	edule, the maximum we w	vill pay for losses directly o	r indirectly arising from
Chronic Conditions		Fully Covered	
Complications of pregnancy	No Cover	Fully C	overed
Congenital and hereditary conditions	No Cover	\$135,000 lifetime benefit	\$270,000 lifetime benefit
Neonatal <i>disabilities</i> Applicable only to Newborn Additions (please refer to the Terms and Conditions)	No Cover	\$135,000 lifetime benefit	\$270,000 lifetime benefit
Stem Cell Treatment, including harvesting immediately prior to a treatment	No Cover	\$100,000 lifetime benefit	\$200,000 lifetime benefit
ANNUAL DEDUCTIBLE			
Only applies to the Hospital and Surgery Plan		Nil \$2,000 \$5,000 \$10,000	

OUTPATIENT PLANS The following Outpatient modules are optional and can be combined with a	ny Hospital and Surgery N	Module	
ANNUAL LIMIT FOR OUTPATIENT BENEFITS	ESSENTIAL	EXTENSIVE	ELITE
Annual cumulative limit for all benefits shown in the Outpatient Benefits section	\$7,000	Up to overall limit pe	r period of insurance
CO-INSURANCE OPTION			
		Choice of nil or 20%	
Outpatient co-insurance percentage	20% co-insurance will be waived at <i>Panel Network</i> provid (through direct billing services and upon e-card presental Co-insurance does not apply to complementary medicine traditional Chinese medicine, screening, medical checkly vaccinations and routine outpatient maternity		card presentation). Itary medicine and nedical checkup,
Direct Billing		il co-insurance: Full Netwo o-insurance: <i>Panel Netwoi</i>	

Our Panel Network comprises GP, specialist and physiotherapy clinics in Singapore, Hong Kong, Thailand and Vietnam. Find the full listing at https://assets.april.fr/april-international/Network/pdf-april-panel-network-list.pdf

GENERAL PRACTITIONER & SPECIALIST CONSULTATION FEES			
General Practitioner consultation fees		Fully Covered	
Specialist consultation fees	Fully Covered		
Physiotherapy A referral for physiotherapy must be submitted at the same time as your claim. Treatment is limited to 10 sessions per referral after which a new referral and medical report from your attending physician must be submitted.	\$1,500 Fully Covered		overed
OUTPATIENT MENTAL AND NERVOUS CONDITIONS			
Physician, psychologist, psychotherapist and complementary medicine practitioners' consultation fees, diagnostic scans and tests, medicines and drugs prescribed by a physician for mental and nervous conditions	No Cover	\$4,800	\$10,000
OUTPATIENT BEHAVIOURAL OR DEVELOPMENTAL DISORDERS			
Physician, psychologist and psychotherapist consultation fees, diagnostic scans and tests, medicines and drugs prescribed by a physician for a behavioural or developmental disorder	No Cover	\$1,400	\$3,000
MEDICINES AND DRUGS			
Medicines and drugs		Fully Covered	
DIAGNOSTIC SCANS AND TESTS			
Diagnostic scans and tests	Fully Covered		
MEDICAL APPLIANCES AND MOBILITY AIDS			
Purchase or rental of <i>mobility aids</i> Slings and bandages Purchase or rental of <i>medical appliances</i>	\$2,500 Maximum two mobility aids per disability	\$5,000 Maximum two mobility aids per <i>disability</i>	\$10,000 Maximum two mobility aids per <i>disability</i>

OUTPATIENT PLANS - CONTINUED	ESSENTIAL	EXTENSIVE	ELITE
COMPLEMENTARY MEDICINE AND TRADITIONAL CHINESE MEDICINE For the following benefits, the 20% co-insurance is waived if selected.			
Combined limit for all benefits listed in the <i>Complementary Medicine</i> and Traditional Chinese Medicine section	\$300	\$2,000	\$8,000
Consultation fees for the following complementary medicine practitioners, upon <i>referral</i> : Dietician following <i>illness</i> or <i>injury</i> , occupational therapy No <i>referral</i> required: Chiropractor, osteopath, podiatrist, speech therapist following <i>illness</i> or <i>injury</i>		Fully covered Up to the combined limit	
Consultation fees and medicine/consumables dispensed or used by the following practitioners in the course of treatment: Acupuncturist, Ayurveda practitioner, bone setter, Chinese medicine practitioner, naturopath, homeopath, hypnotherapist No referral required	Maxi	Fully covered Up to the combined limit mum one consultation pe	r day
FOLLOW UP CANCER CARE			
These services shall be covered following the completion of active cancer treatment: Medicines and drugs prescribed to prevent a recurrence of cancer and related specialist consultations	Fully Covered		
SCREENING, MEDICAL CHECKUP AND VACCINATIONS For the following benefits, the 20% co-insurance is waived if selected.			
Adults preventive screening as follows: Mammography for women aged 40 years and above Pap smear for women aged 19 and above	\$300 One of each test per period of insurance	\$500	Fully Covered
▶ Prostate screening for men aged 40 years and above	Panel Network Providers Only	One of each test pe	r period of insurance
Child health screenings below 16 years old for evaluating medical history, physical and development assessment, school entry health check and or diabetic screening	No Cover	\$500 Fully Covere Age 3 and below: Maximum two tests per period of insura Age 4 to 16: Maximum one test per period of insurar	
Medical checkup packages or standalone tests or scans not listed above which are conducted in the absence of a diagnosis or suspected diagnosis No referral required	No Cover		\$2,500
Vaccinations (Cost of vaccination only. Associated GP consult covered under consultation benefit.) No referral required	No Cover	\$1,000	
ROUTINE OUTPATIENT MATERNITY For the following benefits, the 20% co-insurance is waived if selected.			
Physician consultation fees, diagnostic scans and tests, medicines and drugs prescribed by a physician or licensed midwifery practice or clinic for routine pre-natal and post-natal services up to 45 days following birth A waiting period of 366 days applies (please refer to the Terms and Conditions).	No C	Cover	\$6,500 per pregnancy

DENTAL AND OPTICAL BENEFIT The following Portal modules are entired.

The following Dental modules are optional and can be combined with any Hospital and Surgery Module.

	ESSENTIAL	EXTENSIVE	ELITE
Minor dental treatment		\$1,400	
Major dental treatment Including orthodontic treatment commenced below the age of 16 A waiting period of 300 days applies (please refer to the Terms and Conditions).	No Cover	All treatments excl 20% co-insur	400 uding orthodontics: rance applies o-insurance applies
Eye examinations, frames, prescription contact lenses and prescription lenses	No C	Cover	\$400

MATERNITY MODULE

The following Maternity modules are optional and available to women between 19 to 45 years of age, who have selected an Extensive or Elite Hospital and Surgery on a nil deductible basis, plus an optional Outpatient module.

	ESSENTIAL	EXTENSIVE	ELITE
Maternity Benefit limit A waiting period of 366 days applies (please refer to the Terms and Conditions).	\$7,000 per pregnancy	\$13,500 per pregnancy	\$20,000 per pregnancy
The following prenatal and post-natal services up to 45 days following birth:			
Physician consultation fees, diagnostic scans and tests, medicines and drugs, complementary medicine, licensed midwifery and certified doula services, vitamins and supplements, complementary maternity therapies (without referral)		Fully Covered	
Delivery, including elective and emergency caesarean sections and up to seven (7) days of <i>nursery care</i>	Up to the overall maternity limit		imit
Complications of childbirth			
Complications of pregnancy following assisted conception			
Therapeutic abortions			
Maternity Cash Benefit Where you deliver your infant at no cost to us and the infant is added to your policy	\$1,400 per delivery	\$2,700 per delivery	\$4,000 per delivery

REPATRIATION, EVACUATION AND ASSISTANCE SERVICES PROVIDED BY APRIL ASSISTANCE

In the event of an emergency, the Member may call our dedicated assistance hotline 24 hours a day, 365 days a year to request the following services. All limits and monetary amounts are stated in US Dollars (USD) and cover is subject to our policy terms and conditions. For more details, please refer to the Emergency Assistance Program scope of services.

ANNUAL LIMIT	INCLUDED IN EVERY PLAN
The overall limit per person per period of insurance	\$1,000,000
In the event of accident or sudden severe illness of the me Limited to one (1) emergency evacuation and/or repatriation attribu	
Medical evacuation or medical transport to the nearest adequate registered hospital	100%
Compassionate Visit Limited to one (1) claim per Member	One-way transport ticket (first class train, standard economy flight or other available means deemed appropriate by APRIL Assistance)
Return to the place of residence after recovery	One-way transport ticket (first class train, standard economy flight or other locally available means deemed appropriate by APRIL Assistance) for You to return to Your Place of Residence
Return of immediate family members (up to 3 persons)	One-way transportation ticket (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) for them to return to Your place of residence
Return of dependent children	One-way transportation ticket (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) for them to return to Your Place of Residence , or the place of residence of the nearest relative or designated guardian where appropriate.
Assistance in the event of the death of the member (To a ${ t c}$	ombined limit of \$30,000
	ornalised little of \$50,000)
	100%
Repatriation of mortal remains	
Repatriation of mortal remains Cost of one (1) transport coffin for repatriation of body by air Presence of one person to accompany the deceased	100%
Repatriation of mortal remains Cost of one (1) transport coffin for repatriation of body by air	Up to \$5,000 Round trip transportation (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) plus up to 7-night accommodation in a hotel limited to \$150 per night (if the visitor does not have any accommodation) for one (1) person designated by
Repatriation of mortal remains Cost of one (1) transport coffin for repatriation of body by air Presence of one person to accompany the deceased Return of family members (up to 3 persons)	Up to \$5,000 Round trip transportation (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) plus up to 7-night accommodation in a hotel limited to \$150 per night (if the visitor does not have any accommodation) for one (1) person designated by your immediate family. One-way transportation ticket (first class train, standard economy class flight or any other locally available means deemed appropriate by
Repatriation of mortal remains Cost of one (1) transport coffin for repatriation of body by air Presence of one person to accompany the deceased Return of family members	Up to \$5,000 Round trip transportation (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) plus up to 7-night accommodation in a hotel limited to \$150 per night (if the visitor does not have any accommodation) for one (1) person designated by your immediate family. One-way transportation ticket (first class train, standard economy class flight or any other locally available means deemed appropriate by
Repatriation of mortal remains Cost of one (1) transport coffin for repatriation of body by air Presence of one person to accompany the deceased Return of family members (up to 3 persons) Legal assistance Abroad Advance of cost of bail bond	Up to \$5,000 Round trip transportation (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) plus up to 7-night accommodation in a hotel limited to \$150 per night (if the visitor does not have any accommodation) for one (1) person designated by your immediate family. One-way transportation ticket (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) for them to return to their Place of Residence
Repatriation of mortal remains Cost of one (1) transport coffin for repatriation of body by air Presence of one person to accompany the deceased Return of family members (up to 3 persons) Legal assistance Abroad	Up to \$5,000 Round trip transportation (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) plus up to 7-night accommodation in a hotel limited to \$150 per night (if the visitor does not have any accommodation) for one (1) person designated by your immediate family. One-way transportation ticket (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) for them to return to their Place of Residence

This policy is protected under the Policy Owners' Protection Scheme which is administered by the Singapore Deposit Insurance Corporation (SDIC). Coverage for *your* policy is automatic and no further action is required from *you*. For more information on the types of benefits that are covered under the scheme as well as the limits of coverage, where applicable, please contact Liberty Insurance or visit the GIA or SDIC websites (www.gia.org.sg or www.sdic.org.sg). This policy is not a Medisave-approved policy and *you* may not use Medisave to pay the premium for this policy.

This is a short-term accident and health policy and the insurer is not required to renew this policy. The insurer may terminate this policy by giving you 30 days' notice in writing.

MH SG 2024/12

Underwritten by: Liberty Insurance Pte Ltd Registration No. 199002791D GST Registration No. M2-0093571-3 One Raffles Quay #25-01 North Tower Singapore 048583 Tel: 1800-LIBERTY(5423 789)



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